**Outline of a typical CMC Session** When? 2nd Tuesday of every month

Where? Christ the King, Deeble Road, Kettering NN15 7AA

Time? 7-9pm, with option to arrive at 6:30pm for a simple bread and cheese supper

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| Time | Activity |
| 6:30 | Optional shared, simple bread & cheese meal |
| 7:00 | Worship and prayer |
| 7:20 | Small group discussion on task from previous session |
| 7:35 | Introduce new topic with a visiting speaker, sharing story |
| 8:10 | Coffee break |
| 8:20 | Discussion in small groups |
| 8:40 | Review |
| 8:50 | Notices and Blessing |
| 9:00 | Home |