

# What's happening in the news this week?



Let's have a look at this week's poster!

7th - 13th April 2025



**What qualities should  
a positive role model  
have?**





## Let's look at this week's story

Ex-England football manager, Sir Gareth Southgate, has shared his thoughts on young people, and his fears that many are spending too much time online, gaming and using social media. He stated how important it is for young people to have positive role models beyond social media influencers. Drawing on his own experiences during a talk for the BBC, he said the UK needs to do more to encourage young people – particularly young men – to make the right choices in life and not be afraid of failure.



Learn more about this week's story [here](#).  
Watch this week's useful video [here](#).  
This week's Virtual Picture News [here](#).



# How does it make me feel?



## sad

despondent  
disconsolate  
dismal  
doleful  
downhearted  
forlorn  
gloomy  
melancholic  
miserable  
woeful  
wretched

## angry

aggrieved  
annoyed  
discontented  
disgruntled  
distressed  
exasperated  
frustrated  
indignant  
offended  
outraged  
resentful  
vexed

## happy

beaming  
buoyant  
cheery  
contented  
delighted  
enraptured  
gleeful  
glowing  
joyful

## confused

addled  
baffled  
bemused  
bewildered  
disorientated  
indistinct  
muddled  
mystified  
perplexed  
puzzled

## excited

animated  
elevated  
enlivened  
enthusiastic  
exhilarated  
exuberant  
thrilled

## worried

agitated  
anxious  
apprehensive  
concerned  
disquieted  
distraught  
distressed  
disturbed  
fretful  
perturbed  
troubled  
uneasy

## overwhelmed

engulfed  
inundated  
overburdened  
overloaded  
saturated  
submerged  
swamped

## afraid

alarmed  
apprehensive  
daunted  
fearful  
frantic  
horrified  
petrified  
terrified

## guilty

ashamed  
compunctious  
contrite  
culpable  
penitent  
responsible  
rueful

## jealous

bitter  
covetous  
desirous  
envious  
envying  
resentful  
wary

## thankful

appreciative  
grateful  
gratified  
indebted  
obliged  
relieved

## shocked

astonished  
astounded  
disconcerted  
distressed  
dumbfounded  
horrified  
staggered  
startled  
stunned  
surprised

## disgusted

affronted  
appalled  
horrified  
repelled  
repulsed  
revolted  
sickened

## inspired

activated  
encouraged  
exhilarated  
galvanised  
influenced  
motivated

## embarrassed

ashamed  
awkward  
chagrined  
demeaned  
discomposd  
humiliated  
self-conscious  
uncomfortable  
uneasy  
unsettled

## interested

absorbed  
captivated  
curious  
engaged  
enthralled  
fascinated  
gripped  
intrigued  
riveted



# This week's story looks at events related to ...





Read the information found below, which provides more details about Gareth Southgate's recent speech, advising young people on different areas of life.

### Role models

In his speech, Gareth called on people to help create better leaders. He spoke about Harry Kane and Jordan Henderson (who were in the England squad during his time as manager), as players who helped inspire pride in the team.

He said, 'They were role models I wanted others to emulate ... where mistakes weren't ridiculed, but were seen as part of a process ... We have to show young men that character is more important than status. That how you treat others is more important than how much money you make.'

### Success

'If I've learned anything from my life in football, it's that success is about much more than the final score. It isn't a straight line. And it's not a single moment.

Because true success is how you respond in the hardest moments. It's about having the belief and resilience to persevere ... Not everyone will win trophies ... But everyone can live a life where they can constantly strive to improve. Where they can look back and say: I gave my best, I stayed true to myself, and I made a difference. That is real success.'

### Working as a team

Talking about the importance of working alongside others, Gareth said, 'We shared personal stories, we talked about our country, the football legends who came before us, and our place in history.

By the end we knew who we were. A proud, diverse, resilient team that stood up for each other ... and was ready to write our own chapter in English football history.'

**Pictured:** Gareth after missing his 1996 Euros penalty.  
**Source:** Alamy Stock Photo.



**Do you agree with each piece of advice? Can you reflect on any of the lessons you've learned so far in your life? Can you think of some guidance you might give to those younger than you?**



Resource  
**one**



Look at the resource below, which explains more about what a role model is.



Someone who makes good choices.

Someone you respect.

Someone you look up to.

Someone who is resilient, even when things are tough.

## What is a role model?

Someone who makes you feel good about yourself.

It can be someone you know.

It can be someone you don't know, such as somebody famous.

Someone who has achieved great things.

Someone who makes you want to do better.

Someone you would like to be like.

Someone who is kind.



**Do you have any role models in your life? How do they make you feel?**



**Look at the resource below, which helps us think carefully about our role models.**

### Who is a role model?

A role model is someone who inspires us to be our best selves by what they do, or how they treat others. A positive role model might show kindness, honesty, bravery, patience, or lots of other things.

### What do you think makes a good role model?

Look at the examples to the right, of people you may consider to be good role models.

### How can we decide if someone is a good role model?

1. What kind of person are they? Do they show kindness, respect, or honesty?
2. How do they treat other people? Do they encourage or help others?
3. Do they learn from their mistakes? How do they handle it when they get something wrong?
4. Would you want to act like them? Are they showing qualities you'd be proud to copy?

## MY ROLE MODEL



### Local community hero

A neighbour who volunteers in the community or helps those in need.

They show generosity and team spirit in everyday life.



### Famous figures

Athletes, singers, world leaders, actors, or other people in the public eye.

Perhaps they treat others with respect or use their success to help.



### Family member

Maybe you have a parent, grandparent, or older sibling who is caring and shows patience.

They help you learn by guiding you and listening when you have worries.



### Friend or classmate

Some friends always stand up for what's right, even when it's tough.

They might include others at break times and celebrate other people's achievements.



### Teacher or mentor

A teacher who encourages you to keep trying, even when you fail.

They help you feel safe and supported so you believe in yourself.

**Which qualities do you admire most in others?  
How could you show those qualities in your own life?**





**What qualities should  
a positive role model  
have?**

# Reflection



A positive role model can be anyone who inspires us to be our best selves. They might show kindness, make good choices, or simply encourage others by the way they live and treat people.





# Media Literacy

## What impact does this story have on us?



**Explanation:** Let's think about how this story might matter to us and the wider world.



Analyse



Evaluate



Research



Act

### Questions to Discuss

- Why do you think Gareth Southgate shared his thoughts on this topic?
- What positive or negative impact might this story have on people your age?
- Could this story lead to any changes in how we use social media or choose role models?

### Reflection

How can this story help us think about the choices we make and the people we look up to?

### Activity

In pairs, discuss:

- One way this story could have an impact on you or someone your age.
- Do you agree with Gareth Southgate's views? Why?
- What advice would you give to someone younger about being online?



## **Individual Liberty**

We have the freedom to choose who and what influences us. By picking positive role models and learning from their actions, we show respect for ourselves and others.



# Protected Characteristics



Gareth Southgate highlights the importance of guiding young people to make good choices. Valuing people of all ages helps us recognise that anyone can be a positive role model.



**Sex**



**Sexual Orientation**



**Age**



**Disability**



**Gender Reassignment**



**Marriage and Civil Partnership**



**Pregnancy and Maternity**



**Race**



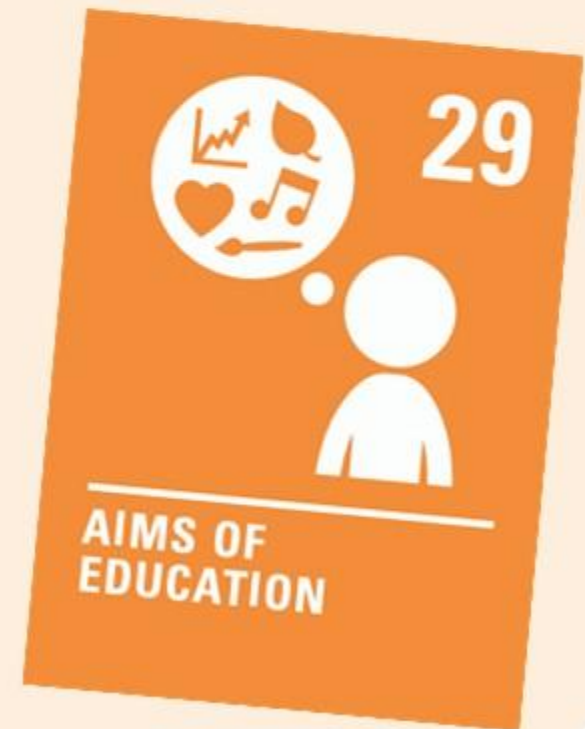
**Religion or Belief**



# UN Rights of the Child



By looking up to positive role models and learning from their actions, young people can grow in confidence and succeed. Schools can support this by helping children look for and recognise those who set good examples.





# Useful vocabulary



## Diverse

Having a lot of differences. It can describe a group of people who are not all the same.

'By the end we knew who we were. A proud, **diverse**, resilient team that stood up for each other...'

## Emulate

When someone tries to be like somebody else, because they admire them. People may often emulate their role models.

'They were role models I wanted others to **emulate**...'

## Resilience

A quality someone has, that means they are able to bounce back and recover from difficulties, failures or challenges.

'Because true success is how you respond in the hardest moments. It's about having the belief and **resilience** to persevere...'

## Ridiculed

When someone or something is laughed at, mocked or teased.

'They were role models I wanted others to emulate...where mistakes weren't **ridiculed**, but were seen as part of a process...'

## Role model

A person who sets a good example to others, by modelling the right behaviour, kind actions, or inspiring achievements.

What qualities should a positive **role model** have?

## Social media influencers

A person who has built a following on social media platforms. They can influence the opinions, behaviour, and purchases people make based on their comments.

He stated how important it is that young people have better role models beyond **social media influencers**.

## Can you use them in your writing this week?



# Picture News



## What qualities should a positive role model have?

Ex-England football manager, Sir Gareth Southgate, has shared his thoughts on young people, and his fears that many are spending too much time online, gaming and using social media. He stated how important it is for young people to have positive role models beyond social media influencers. Drawing on his own experiences during a talk for the BBC, he said the UK needs to do more to encourage young people – particularly young men – to make the right choices in life and not be afraid of failure.



- Look at this week's poster. Do you know who is on it? It is former England football manager, Sir Gareth Southgate.
- Watch this week's useful video, where Gareth offers his advice to young people. Do you think he is a good role model? Which parts of his advice do you feel are the most important?
- Read the information found on the assembly resource, which provides more details about Gareth's recent speech.
- Thinking about your own role models, who are they? Are they someone you know? Do you believe role models should be people you know? Why?
- Can you make a list of the qualities you feel make a good role model?
- Can anyone be a good role model? Is age important?

### Reflection

A positive role model can be anyone who inspires us to be our best selves. They might show kindness, make good choices, or simply encourage others by the way they live and treat people.

# Picture News



## KS1 focus

### What is a role model?



- This week's assembly resource shares more details on the qualities Gareth Southgate feels a positive role model should have.
- Gareth spoke about the importance of teamwork, how he chose football players for the England squad who set good examples for others, and what 'being successful' means to him.
- Can you think of a time when you worked as a team? Can you remember when someone made the right choice, and it made you want to do the same? Can you reflect on a time when something was difficult, but you worked hard to get better at it? Share your thoughts as a class.
- Look at resource 1, which gives examples of what a role model could be.
- How do these thoughts about role models make you feel? Do you have anyone in your life that you feel is a role model to you?
- If you have a role model, share a little more about them with a partner and with your class as well, if you want to. Who are they? Why are they important to you? How do they make you feel? What do they do that makes you think of them as a role model?
- Can anyone be a role model? Does a role model have to be someone you know?
- Would you like to be a role model? Do you think you have to be a grown up to be a role model?
- How can a role model help you learn and grow as a person?

### Reflection

A role model is someone who you look up to and respect. They guide others through their good choices and set an example. They often inspire others to be like them.

# Picture News



## KS2 focus

### Who is your role model?



- What sort of things spring to mind when you hear the phrase 'role model'? Share your thoughts as a class. You could create a thought shower to record all your ideas.
- Think about Gareth Southgate (or another famous figure). What qualities does they have that make them a positive role model?
- Do you have a role model? Why are they important or significant to you? What qualities or actions make them a good role model?
- Look at resource 2, which explores potential role models in more detail.
- Why can it be helpful to have role models? How can they support us, give us confidence, or help us make good choices?
- Can you name someone you know (like a friend, family member or teacher) who you think is a good role model? What do they do?
- Can someone be a role model without knowing it? How do you feel when you see someone doing something kind or generous? Could that inspire you to do something similar?
- Are famous people always good role models? Why? What can you do if a role model lets you down?
- Can role models be younger than us? Does age matter, or is it more about the way someone behaves and the values they show?
- What's one thing you can learn from your role model that might help you or others?

### Reflection

A role model is someone who inspires us to grow and become our best self. They can guide us through their actions, values and the choices that they make.





## KS2 follow-up ideas

### Option 1

Letter to a role model. Too often in life, we think highly of someone, but never pluck up the courage to let them know! Be brave and write a letter or note to someone who inspires you. You could include:

- What qualities do you admire in them?
- How have they influenced your life for the better?
- What might you change or adopt, moving forwards?

Deliver your letter to its recipient. If it is someone famous, see if you can find an address or email to send your message.

### Option 2

Create a unique portrait of your role model. Choose someone you know or a famous figure, who you look up to as a positive role model. How would you like to depict them? You could use collage, paint, sketching, charcoal, or any medium you like.

Around your portrait, add words or short sentences explaining what makes this person a good role model.

Share your finished portraits with the class, or display them in a 'Role Models Gallery'.



## KS1 follow-up ideas

### Option 1

Wouldn't it be lovely to be able to celebrate our role models? Let's do this by creating a class role model heart wreath!

What you will need to do:

- On a small piece of paper (colourful paper might be nice!), write the name of the person who is your role model.
- Collect everyone in the class's piece of paper with their role model's name on.
- Make a heart shaped template that will be the base of the wreath.
- Stick the small pieces of paper with the role models' names onto the base.
- Display your wreath proudly in your classroom, celebrating all your important role models!

### Option 2

Draw a picture of you and your role model! It could be of you both doing something where your role model helps or inspires you, or could be a picture of you both together. Choose whatever medium you'd like for your picture, such as pens, pencils, paints or pastels, and make your picture bright and colourful.

Perhaps you could share your picture with your role model, if it is someone you know, or you could display it somewhere special.



## This week's useful websites

### This week's news story

[www.primediaplus.com/2025/03/20/young-men-need-better-mentors-and-role-models-sir-gareth-southgate](http://www.primediaplus.com/2025/03/20/young-men-need-better-mentors-and-role-models-sir-gareth-southgate)

### This week's useful video

Sir Gareth Southgate's advice for young people  
<https://youtu.be/udNTj3QI3E4>

### This week's Virtual Picture News

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

### This week's vocabulary

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# Identi-Fly

Now it is April, we can say that spring is officially here! You might have noticed pretty new flowers blooming, lovely green leaves on the trees and perhaps you've also seen more insects and wildlife.

One insect that might 'fly by and catch your eye' is the hoverfly. The hoverfly is a type of insect known for its ability to hover in place, just like a helicopter, and are often mistaken for bees and wasps because of their black and yellow striped bodies. Hoverflies, unlike bees and wasps, do not sting and are completely harmless. The Wildlife Trusts are a nature charity who share lots

## Hoverfly identification



**Pictured:** The many types of hoverflies.  
**Source:** The Wildlife Trusts on X.

of information relating to creatures both great and small, plants and all things wildlife and have recently created a helpful guide to help identify the different types of hoverfly. 'Use this handy ID guide to spot species like the marmalade hoverfly & bumblebee plumehorn', the charity shared on their social media.

**Can you use the guide to help identi-FLY a hoverfly?**

# Hoop, hoop hoopoe horray!

The Royal Society for the Protection of Birds (RSPB) has excitedly reported an increase in sightings of a very special type of bird – the Hoopoe, in the southwest of England. The Hoopoe is a medium-sized bird, about 25-32cm from its beak to its tail, so is about the same size as a small pigeon. They also have a very interesting crest (the feathered part on the top of their head), and a long, curved beak, which helps them to catch the insects they like to eat. This beautiful pinkish-brown bird, with black



**Pictured:** A hoopoe.  
**Source:** Canva.

and white striped wings and tail, also has a very distinctive call, which sounds a bit like it's saying, 'hoop, hoop, hoop!'

'We're receiving reports of an unprecedented influx of Hoopoes across the southwest coast with lots spotted in Cornwall this week and a few in Dorset', the RSPB shared on their social media. **Have a listen to a Hoopoe calling here!**

## Do world leaders have a duty to help other countries?



They could help other countries bring peace between countries.  
**Pip**



## King Blobfish!

Mountains to Sea Conservation Trust's annual poll to name New Zealand's Fish of the Year 2025 has been won by the blobfish! The deep-sea fish, found off the coasts of Australia, Tasmania, and New Zealand, has famously been described as the world's ugliest animal! They have a bulbous head and loose, flabby skin, perfectly adapted to the crushing depths of up to 1,200m underwater, where they live.

Unfortunately, when people remove the blobfish from their natural habitat, the water pressure isn't high enough for their gelatinous body to keep their shape. This means they turn into what has been described as 'a messy blob of



**Pictured:** The fish leader board during the competition. **Source:** Mountains to Sea Conservation Trust on Facebook.

a creature'! Of the final ten fish in the competition, nine are considered vulnerable by conservation groups. 'We have no *bloblem* with the blobfish winning,' said Aaron Packard, from the Environmental Law Initiative, who supported the orange roughy, the second-placed fish. 'It's still a win for deep sea ecosystems and raises awareness about the environmental impacts of destructive bottom trawling'. **Have you heard of the blobfish before? Do you know any facts about deep sea fish?**



**Pictured:** Fish of the Year 2025 – the blobfish. **Source:** Mountains to Sea Conservation Trust on Facebook.

## Iron Age Haul

An incredible archaeological discovery has been made in North Yorkshire, UK, and named the Melsonby Hoard, after the village where metal detectorist, Peter Heads, made the discovery in two ditches. Archaeologists from Durham University excavated over 800 Iron Age items, including parts of wagons, ceremonial spears, and elaborate pony harnesses. The Iron Age, which followed the Stone Age and Bronze Age, started between 1200 B.C. and 600 B.C, depending on the region of the country. One of the ditches was excavated on-site, while another was preserved and extracted intact. Durham University professor, Tom Moore, said, 'The Melsonby hoard is of a scale and size that is exceptional for Britain and probably even Europe. Unusually it includes lots of pieces of



**Pictured:** An Iron Age artefact discovered in the Melsonby Hoard. **Source:** Durham University on X.

vehicles and items such as the wine mixing bowl which is decorated in both Mediterranean and Iron Age styles. Whoever originally owned the material in this hoard was probably a part of a network of elites across Britain, into Europe and even the Roman world.'

**What do you already know about the Iron Age?**

**What is the most interesting find you have made whilst digging?**

## Do world leaders have a duty to help other countries?



I think leaders should help other countries. We don't know if we might need their help in return.  
**Connor**

Let us know what you think about this week's news



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[help@picture-news.co.uk](mailto:help@picture-news.co.uk)

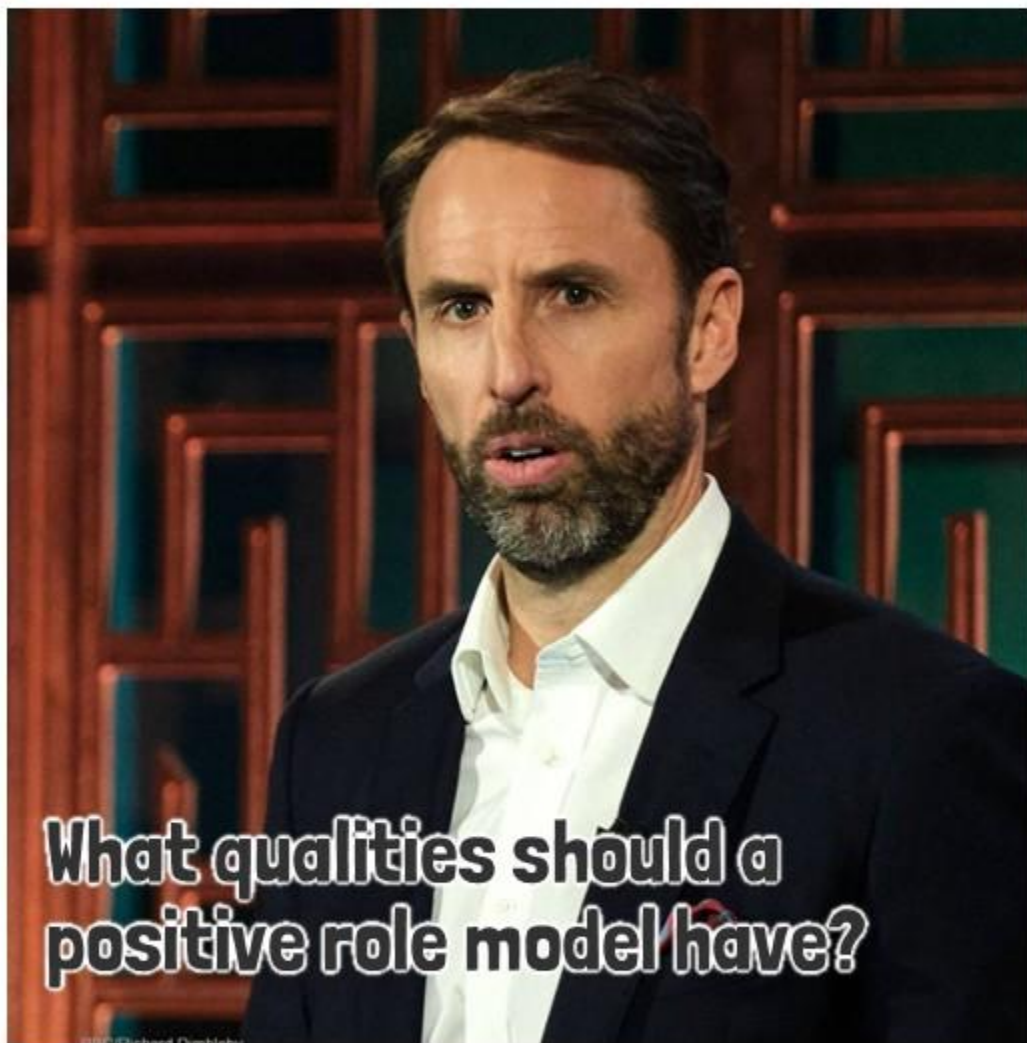


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# TAKEHOME

7th - 13th  
April



**What qualities should a positive role model have?**

## In the news this week

Ex-England football manager, Sir Gareth Southgate, has shared his thoughts on young people, and his fears that many are spending too much time online, gaming and using social media. He stated how important it is for young people to have positive role models beyond social media influencers. Drawing on his own experiences during a talk for the BBC, he said the UK needs to do more to encourage young people – particularly young men – to make the right choices in life and not be afraid of failure.

### Things to talk about at home ...

- > Who are your role models? What qualities do they have? Ask someone at home about their role models.
- > Do you think anyone can be a role model?
- > Taking into consideration what Sir Gareth Southgate said, do you feel it's important to have role models who aren't online influencers? Why?

**Please note any interesting thoughts or comments**

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

