



Safeguarding Briefing - 25th March 2024

Staying mentally healthy during exam time (Young Minds)

As we head towards the main exam time it's worth revising how we can support young people at what can be a very stressful time.

Young Minds have a series of support pages aimed to help with exam stress and anxiety. Their advice is available to help school staff, parents and carers and, of course, young people themselves. You can find this helpful advice at the links below:

[School staff](#)

[Parents](#)

[Young people](#)

Staff Question of the Week

Neglect

Since 2017, has the number of police recorded child cruelty offences in England increased or decreased? (Answer: Increased from 15,575 to 32,299)

In the year 2021/22, how many children across the UK were the subject of a child protection plan solely for neglect ? (Answer: 25,967)

Does the data show that child neglect affect boys more than girls? (Answer: No, similar numbers of boys and girls are affected)

Source: [Statistics briefing: Neglect \(NSPCC, 2024\)](#)

Guide to Recovering a Hacked Account - National Cyber Security Centre

The topic of cybersecurity is becoming more and more important, yet this has not been matched by online safety literacy. Crime has been increasingly moving into the online space, which has grown greater as the UK marches towards the total digitalisation of government services such as education. Educational establishments present a target ripe for hackers be they external criminals, or people within your institution set on causing mischief. The National Cyber Security Centre, is dedicated to helping reinforce awareness and knowledge of counter-criminal practices within the public sector. It is with this in mind that they have published, their 'recovering a hacked account' guidance. If interested in finding out more, please follow the link below:

<https://www.ncsc.gov.uk/guidance/recovering-a-hacked-account>

Did Someone Forward this Safeguarding Briefing to You?

If you would like to receive your own copy of the Safeguarding Briefing, simply go to: www.safeguardingbriefing.co.uk

NEW Safeguarding Course for Governors - Free to access for Safeguarding.Pro members

The guidance documents for governors have been updated; other guidance has been updated or reviewed and so I thought it would be useful to offer a new seminar for governors.

I will be presenting a live seminar for governors on **Wednesday 24th April 2024 7pm - 8:30pm**. To register, please login into your Safeguarding.Pro account and share the link with your governors that you can find in this comment here: [NEW Safeguarding Course for Governors](#)

If you are not already a Safeguarding.Pro member, you can join here: joinsafeguarding.pro

Safer Recruitment: Better Hiring Toolkit (Better Hiring Institute)

The Better Hiring Institute in collaboration with the safer Recruitment Consortium, the DBS, Reed and Jobs aware have created a toolkit for

schools to help support their recruitment processes. This toolkit doesn't replace the safer recruitment training, it is there to supplement all the process that lead to ensure that as far as possible, schools hire suitable people. These processes aren't infallible of course and we have to remember that signing the contract isn't the end of the recruitment process. Induction, clear expectations and an awareness of low level concerns are important too. The Guidance on Safer Working Practices (from the Safer Recruitment Consortium) is an especially important document.

[Download the Better Hiring Toolkit](#)

[Download the Guidance for Safer Working Practices](#)

DSL Supervision

It is not always easy to find people to work with to provide DSL Supervision, a couple of people who could help are:

Julie Davey supervisioninschool.co.uk

Emma Dallimore www.puzzlepiecesafeguarding.com

Guidance Documents - ALL IN ONE DOWNLOAD!

There are many safeguarding related documents, but as the gov.uk website grows and changes it becomes more difficult to find the latest version of what you need. I've pulled all the relevant documents and put them all into one download that you can save and more easily find everything that you might need.

Over recent years the government has reduced the number of pdf documents it produces, in favour of webpages. A few documents are missing from 'All guidance' download as they are only available as a website link which I have listed below the download link:

[All Guidance March 2024 - Download](#)

[Filtering and Monitoring](#)

[Cybersecurity](#)

[Prevent Duty](#)

[Ofsted Framework](#)

LIVE! IN PERSON! Advanced Safeguarding Course for DSLs LONDON

For the first time in ages a couple of weeks ago, I led an Advanced Safeguarding for DSLs course live and in person for anyone who would like to come along. Although, I visit schools and other organisations, this was the first open course.

We had such a brilliant day, working with people from across the country and from different kinds of organisations. Although, people were a bit quiet and reserved at the start of the day, strangers became colleagues and people shared email addresses and some even organised visits to each other's schools. A truly great day!

If you'd like to share a similar experience, I've booked the same London venue again for Monday 10th June 2024.

For further information and to book, go

to: <https://cpd.safeguardingschools.co.uk/events/safeguarding/1196804>

Easter Holiday

So, another term goes by. Thank you for all the work you have done and will continue to do to keep children and young people safe from harm. Safeguarding and child protection work can be exhausting, mental draining and emotional. It is important to take a break where you can and take care of yourselves and those close to you. It's not wrong to rest and enjoy your down time: try not to think about what you 'should be doing'. You've heard all the cliches about buckets and oxygen masks, so I won't repeat them here. Just take care.

The Safeguarding Briefing will be back on Monday 15th April 2024

If you find it hard to switch off and rest then there are some great tips and ideas in the webinar from Education Support referenced below:

Webinar: Boundaries, Rest and Letting Go: How to give yourself permission (Education Support)

To have a long, fulfilling career in education you have to admit that your energy is not unlimited. But it can be difficult when demands are coming from every direction. But the reality is that your effectiveness in the

classroom depends on you being energised, motivated and mentally healthy.

<https://www.educationsupport.org.uk/resources/for-individuals/videos/boundaries-rest-and-letting-go-how-to-give-yourself-permission/>

Forthcoming Courses

Advanced Safeguarding for DSLs

This is a four-session course for DSLs over a full-day. The course is offered live and as a recorded replay. When the course is live, there are plenty of opportunities to contribute with observations, questions or answers. As a recording, the interactions from other people are included and feedback notes that this makes it feel like you are not on your own.

"I just wanted to say that I thought today's training was absolutely fantastic. By a mile it was the most engaging training I have done."

Next live online courses

Wednesday 17th April 2024 [Book here](#)

Tuesday 14th May 2024 [Book here](#)

The on-demand course is always available and is updated after each live session [Book Online](#)

Live and in-person

Monday 10th June 2024 LONDON [Book here](#)

At your school or venue

Remember that you can book Andrew to share his Advanced Safeguarding for DSLs' Course at your own school or organisation. The group size can be up to 25, and to spread the cost, the group can be made up of people from more than one school, so why not invite your neighbours! Email office@safeguardingschools.co.uk to enquire.

Conference Speaking

One of my favourite activities is sharing my presentation as a conference keynote. The talk is, of course, centered around safeguarding, and also includes examples from my learning as a teacher, headteacher and consultant in a wide variety of schools and organisations. I aim to be inspiring, motivating and inspirational and feedback has been positive.

The presentation weaves a story throughout out my career, much of it in PRUs and SEMH schools, and what I've learned about safeguarding, supporting vulnerable children and how we can do that better. I talk about children I've met and how they changed my thinking. People will both laugh and need tissues.

The session covers my own mental health challenges when headship nearly killed me and how important it is to look after ourselves and each other.

Just email office@safeguardingschools.co.uk with your ideas about how I can support your event.

Other available online courses include:

Whole School Safeguarding Course
Safeguarding Refresher
An Introduction to Cybersecurity

For further details, go to:

www.safeguardingschools.co.uk/availablecourses

Until next time, keep safe,

Andrew Hall
Specialist Safeguarding Consultant,
Director, Success In Schools Ltd.

Are you a busy DSL with no time?

Need a place to ask questions. find support and download resources

Click here and join Safeguarding.Pro today!